

TREATMENT CONTRACT

I, _______, understand that the goal of Medication-Assisted Treatment (MAT) is to suppress my withdrawal symptoms and cravings for my drug of choice. This assistance should allow me to regain a normal state of mind so that I can focus my efforts on making changes in my thoughts, behaviors and environment to better support my recovery. I understand that BrightView's plan may include tapering me completely off medication during the final phase of treatment.

WHAT I MUST DO TO REMAIN IN BRIGHTVIEW RECOVERY:

- 1. I agree to work with my treatment team to create an individualized treatment plan and abide by the recommendations of the medical and clinical providers.
- 2. I agree to keep and be on time to all my appointments. If I miss my scheduled appointment, I must call within 24 hours to reschedule.
- 3. I agree to conduct myself in a courteous manner on BrightView property and not to conduct any illegal or disruptive activities on BrightView property.
- 4. I agree to respect and protect the confidentially of others regarding the presence and disclosures of all patients.
- 5. I agree to complete the entire program which has been recommended by my treatment providers.
- 6. I agree to accept referral to a higher level of care (i.e. residential or inpatient) if recommended.
- 7. I agree to abstain from all non-prescribed medications, alcohol, opioids, marijuana, cocaine, and other addictive substances [except nicotine].
- 8. I agree to maintain a safe and sober living environment at all times.
- 9. I understand that if I engage in highly dangerous behavior, such as abusing benzodiazepine, a sedative or sleeping medication, or I consume a heavy amount of alcohol while on Buprenorphine medication that I may be promptly referred to a higher level of care (hospital or residential) and no further medication will be prescribed to me.
- 10. I agree to provide a urine sample for drug testing at intake, every day that I have appointments, and as requested thereafter and to have my blood alcohol level tested.
- 11. I agree to take my medications exactly as prescribed. I understand that adjusting my own dosage may result in discharge from the program.
- 12. I agree to keep my medication in a locked, safe, and secure location in my home and out of the reach of children and others at all times.
- 13. I agree to disclose the names of all doctors and dentists who have prescribed a controlled substance (an opioid, benzodiazepine or amphetamine/stimulant) to me in the past year and sign a release of information form so that a BrightView physician can coordinate my care with that, or those, prescribers.
- 14. I agree to inform all doctors, dentists and hospitals that treat me while I am in the BrightView MAT program that I am prescribed Buprenorphine or any other medication for opioid or other

substance use disorder and sign a release of information form so that a BrightView physician can coordinate my care with that, or those, providers.

CAUSES FOR DISMISSAL

- 1. I understand that I may be discharged if I engage in any of the following unacceptable behaviors:
- 2. If I use any rude, profane, or threatening language with any BrightView staff member at any time.
- 3. If I provide any false or misleading information about my identity, my criminal history, or any reporting requirements for probation, parole or Children's Protective Services (CPS).
- 4. If I provide any false or misleading information about my medical history, any prior treatment for substance abuse including the prescribing of Buprenorphine or methadone, or any false information regarding the use or prescribing of benzodiazepines (Xanax, Valium, Librium, Serax, Klonopin etc.)
- 5. I attempt to give, buy, or sell medication or drugs to any other person.
- 6. I attempt to alter or falsify a prescription, or a urine drug specimen.
- 7. I refuse to provide a urine drug specimen or come in for a medication count when requested.
- 8. My urine does not show the expected presence of Suboxone (buprenorphine) or other medication prescribed by BrightView.
- 9. If I fail to tell a doctor or dentist that I am on Buprenorphine or other medication and I attempt to obtain or obtain a controlled substance from that doctor or dentist.
- 10. If I fail to promptly inform BrightView staff that I have been prescribed a controlled substance by another doctor, dentist, hospital, urgent care or emergency department.
- 11. I miss a scheduled detoxification/induction appointment.
- 12. I fail to attend a scheduled case review.
- 13. I fail to make satisfactory payment arrangements for an outstanding balance of \$500 (five hundred dollars) or more which is more than 30 days past due.
- 14. Need to leave program for a medical or other mental health issue (Suspension to be determined by the Medical Director)

DISCHARGE FROM THE PROGRAM

I understand that once dismissed from the program, there may be a period before I can re-engage in services. Even after this designated period, reinstatement into the treatment program is not guaranteed. Reinstatement is at the sole discretion of the Medical Director and/or the patient's clinical treatment team. If I am discharged, a final prescription or medications will be released at the discretion of the medical team/director. A final prescription/medication is not guaranteed.

I understand that BrightView may discharge me prior to completion of treatment:

- 1. If I violate any of the above items or engage in any of the unacceptable behaviors described in the above section.
- 2. If I have persistently not complied with my attendance requirements, treatment recommendations, or met my financial obligations to BrightView as I agreed to do this in the treatment contract.
- 3. If I have been referred to a higher level of care (residential or hospital) but refuse to go.
- 4. Need to leave program for a medical or other mental health issue
- 5. If I request a voluntary discharge.

I understand that discharge from treatment at BrightView is a decision made by the entire treatment team and not any single member of the team. The rationale for this is to ensure that my treatment team utilizes multiple strategies to engage with me before discharge occurs.

ACKNOWLEDGMENT:

The staff at BrightView has reviewed each of the items contained in this Treatment Contract with me. I believe these terms and requirements are reasonable. I understand that they are meant to help support me in my recovery, and I agree to them all and agree to abide by all guidelines.

Patient Name (Printed)		
Patient Signature		
	Date:	