

# How to Receive **SUD** **TREATMENT** while **PREGNANT**



## **Step 1:** Act Immediately to Receive Treatment & Support

BrightView's pregnancy program is always accepting new patients. The medication is safe for the mother and baby, and our medical providers are experienced in caring for expectant mothers in recovery.

Our Care Coordinators also assist with finding stable living environments, educating mothers on healthy eating, staying active, and managing stress and anxiety.

## **Step 2:** Look for Experts in Pregnancy & Recovery

As a BrightView patient, you will have a team working with you – a board-certified physician in OB-GYN and Addiction Medicine, counselor, Nurse Practitioner, and Care Coordinator.

## **Step 3:** Find a Treatment Center with Pregnancy Groups

The goal of a pregnancy group is to support the patient throughout pregnancy and upon delivery.

While participating in the Pregnancy Program, you are expected to participate in other recovery commitments including counseling sessions, medical appointments, care coordinator appointments, and follow-up as a patient.

## **Step 4:** Locate a Center with a New Mothers Group

The New Mothers Group is available to patients upon delivery or to any patient with a child under the age of one year old. Patients can attend the group if clinically appropriate.