

EVERY VISIT COUNTS

Why is Consistency so Important in Recovery?

Our goal at BrightView is to help patients enjoy successful, long-term recovery. Every time a patient completes an appointment, they are increasing their chances of success and continuing to heal.

We evaluated the visit mix and outcomes of over 25,000 BrightView patients to develop the roadmap to recovery. We want to educate patients on the level of engagement needed to achieve their short- and long-term goals. While these monthly plans reflect the minimum level of engagement, we encourage our patients to participate in more sessions.

Now that BrightView has the data science to support the roadmap for patient engagement, we proactively guide patients who show signs of dropping out. Our research is clear that falling below these benchmarks indicates that patients will drop out of the program within the following 30 days. By following this outline, patients will achieve a minimum of one year of sobriety.

OUTCOMES & BENEFITS

After just 90 days in the program, patients experience:

- **70%** decrease in substance use and **50%** decrease in alcohol use
- **70%** decrease in arrests and **90%** decrease in jail time
- **50%** decrease in unemployment
- **40%** decrease in depression
- **50%** decrease in emergency room visits and **60%** decrease in hospitalizations



PHASE 1 MONTHLY PLAN



- 4** COUNSELING SESSIONS
- 4** MEDICAL APPOINTMENTS
- 2** CASE MANAGEMENT VISITS
- 2** GROUP THERAPY SESSIONS

PHASE 2 MONTHLY PLAN



- 2** COUNSELING SESSIONS
- 2** MEDICAL APPOINTMENTS
- 2** CASE MANAGEMENT VISITS
- 2** GROUP THERAPY SESSIONS

PHASE 3 MONTHLY PLAN



- 1** COUNSELING SESSION
- 1** MEDICAL APPOINTMENT
- 1** CASE MANAGEMENT VISIT
- 1** GROUP THERAPY SESSION